



Show Me Healthy Women

A free breast and cervical cancer screening program



What is Show Me Healthy Women?

Show Me Healthy Women (SMHW) began in 1992, and is Missouri's implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP)¹. It provides free breast and cervical cancer screenings throughout Missouri, for women meeting certain age, income and insurance guidelines². SMHW is funded by the Centers for Disease Control and Prevention (CDC) and several national, regional and local partner organizations.

Who qualifies for Show Me Healthy Women?

Figure 1 shows the estimated number³ of Missouri women eligible for, and number screened by SMHW². To be eligible for SMHW services, women must meet all of the following guidelines:

- Income at or below 200 percent of the federal poverty level for household income, *and*
- Age 35 to 64, or older if they do not receive Medicare Part B, *and*
- No insurance to cover program services

All women who meet the above criteria are eligible for services regardless of provider location.

Where are services available?

- Providers in 85 counties plus the City of St. Louis offer services for Show Me Healthy Women².
- There are 164 provider locations throughout the state, including local public health agencies, federally qualified health centers, hospitals, private physician offices, and not-for-profit health centers.

A full listing of providers is available on the SMHW website:

www.health.mo.gov/showmehealthywomen

What services are offered?

Figure 2 shows the number of screening and diagnostic services provided by SMHW, from 2011 through 2013².

Screening services

- Clinical breast exams (CBE)
- Screening mammograms for women age 50-64
- Screening mammograms for women 40-49 using donated funds, if available
- Pap tests
- Pelvic exams

Diagnostic services

- Specialist consultation (breast and cervical)
- Diagnostic mammograms
- Ultrasound
- Fine needle aspiration
- Cold knife conization (diagnostic purposes)
- Breast biopsies
- Loop electrode biopsy (LEEP)
- Colposcopy (with or without biopsy)

Who benefits from Show Me Healthy Women?

- Based on the U.S. Census Bureau population estimates in 2013, approximately 93,900 Missouri women, aged 35-64 (7.9 percent), are eligible for SMHW services³.
- Statewide, SMHW provides services for about 9,000 to 10,000 women each year².
- About 200 breast cancers and 70 to 90 cervical cancers are identified and referred for treatment each year².

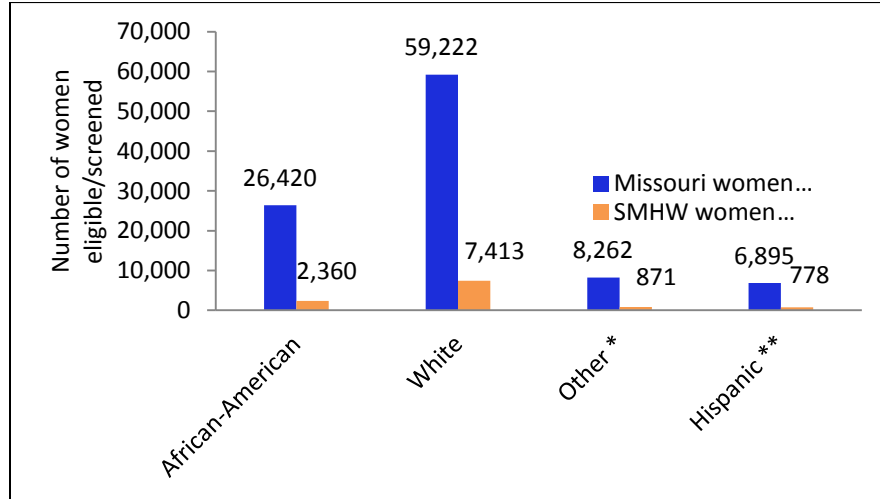


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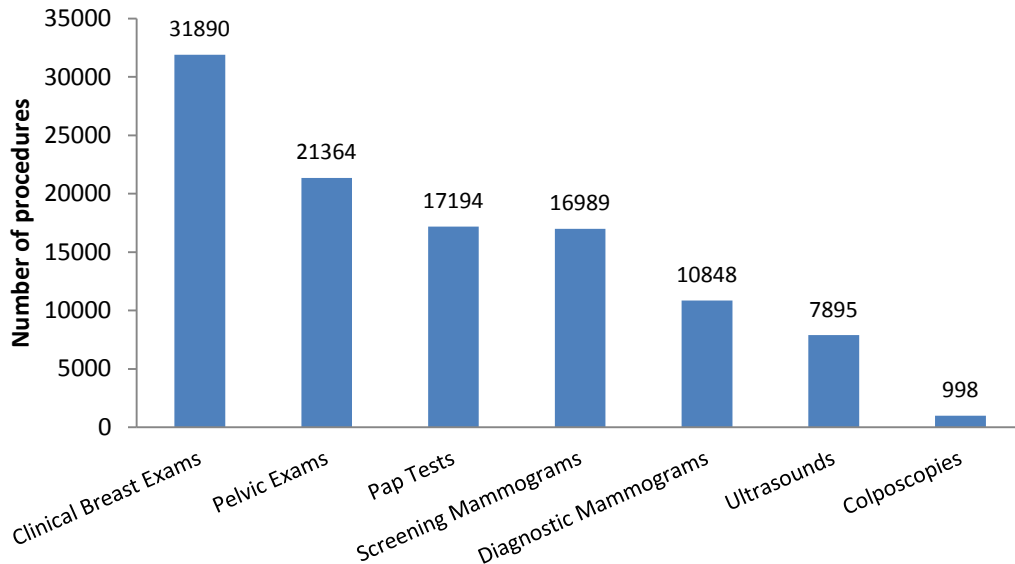


Figure 1. Estimated Number[†] of Missouri Women Eligible for, and Screened by Show Me Healthy Women, by Race and Ethnicity, 2013



[†] Current Population Survey estimates³ are based on annual American Community Survey sampling for 2013, by the U.S. Census Bureau.
 * "Other" includes clients who reported: American Indian/Alaska Native, Native Hawaiian/Pacific Islander, Asian and Two or more races.
 ** Hispanic ethnicity is asked as a separate question from race and may include any or all combinations reported for race.

Figure 2. Services Provided by Show Me Healthy Women, 2011-2013



References

- ¹ U.S. Centers for Disease Control and Prevention. *National Breast and Cervical Cancer Early Detection Program*. <http://www.cdc.gov/cancer/nbccedp/> Retrieved May 23, 2012.
- ² Missouri Department of Health and Senior Services. *Show Me Healthy Women Program*. www.health.mo.gov/showmehealthywomen Retrieved January 5, 2015.
- ³ U.S. Census Bureau. *Current Population Survey, CPS 2014 Annual Social and Economic Supplement (ASEC)*. <http://www.census.gov/cps/data/cpstablescreator.html> Retrieved January 6, 2015.